



**COLORADO STATE UNIVERSITY
EXTENSION**

4-H Heritage Arts



Do you like to learn about the past? Have you ever wondered how your grandmother crocheted that scarf for you or embroidered the pillowcase? Have you looked at a quilt on your grandmother's bed and wondered how it was made? If you said yes to any of these questions, then this project is for you. Heritage Arts includes the practical skills passed down from proceeding generations that were developed to provide basic family needs, such as apparel, home furnishings, or decorations. The Heritage Arts project is broken down into these project areas: Crochet, Knitting, Needle Arts (Decorative Stitching), Quilting, Miscellaneous Fiber (Spinning, Weaving, Rugmaking, Macrame, etc.) and Miscellaneous Non-Fiber (Native American beading, silver smithing, Ukrainian eggs, paper, scrolling, wood carving, etc.). Along with learning how to master these techniques, you will also investigate the history of the project you have chosen and include the study in your e-record.

Crochet

Jr./Int./Sr.

The Crochet project is for youth ages 8-18 years old. Members will accomplish the following learning experiences:

- Learn about the history of Crochet
- Create a crocheted item that connects you to the past
- Learn about the historic influences that crochet has had
- Gain skills that might lead to a home-based business

Knitting

Jr./Int./Sr.

The Knitting project is for youth ages 8-18 years old. Members will accomplish the following learning experiences:

- Learn about the history of Knitting
- Create a knitted item that connects you to the past
- Learn about the historic influences that knitting has had
- Gain skills that might lead to a home-based business

Needle Arts

Jr./Int./Sr.

The Needle Arts project is for youth ages 8-18 years old. Members will accomplish the following learning experiences:

- Learn about the history of Needle Arts
- Create a needle arts item that connects you to the past
- Learn about the historic influences that needle arts has had
- Gain skills that might lead to a home-based business

Miscellaneous Fiber

Jr./Int./Sr.

The Miscellaneous Fiber project is for youth 8-18 years old. Members will accomplish the following learning experiences:

- Learn about the history of the fiber chosen
- Create an item that connects you to the past
- Learn about the historic influence that the fiber has had
- Gain skills that might lead to a home-based business

Miscellaneous Non-Fiber

Jr./Int./Sr.

This Miscellaneous Non-Fiber project is for youth 8-18 years old. Members will accomplish the following learning experiences:

- Learn about the history of the non-fiber chosen
- Create an item that connects you to the past
- Learn about the historic influence that the fiber has had
- Gain skills that might lead to a home-based business

Quilting

Jr./Int./Sr.

The Quilting project is for youth ages 8-18 years old. Members will accomplish the following experiences:

- Learn about the history of Quilting
- Create a quilted item that connects you to the past
- Learn about the historic influence that quilted items have had.
- Gain skills that might lead to a home-based business

Resources and Links

[Colorado 4-H Heritage Arts Tip Sheet](#)
[Heritage Arts e-Record](#)

[State Fair Exhibit Requirements](#)
[Crochet](#)

[Knitting](#)
[Needle Arts](#)

[Misc. Fiber & Non-Fiber](#)
[Quilting](#)

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