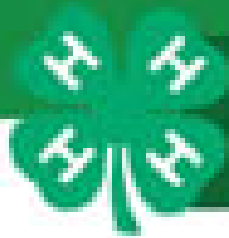




COLORADO STATE UNIVERSITY
EXTENSION

May 14, 2020

[Google Calendar](#)



4-H News

Douglas County 4-H Community,

It's great news that Colorado is now in the "safer at home" phase as Douglas County starts to reopen businesses and other services. As you start to think about meetings and programming during this very important phase, it's important to remember that all 4-H and Extension face-to-face meetings and programs are still suspended statewide until May 15. This is the official position of Colorado State University. As volunteers, staff, and members of the CSU community, we must follow this direction.

After this date, leaders, families, and youth are strongly encouraged to think about meeting and program opportunities carefully. After May 15, there will still be restrictions and limitations in effect. CSU Extension and Douglas County are working together to determine what the "safer at home" phase means for our 4-H and Extension programming. The health of our youth, families, and community remains the most important consideration. We know you understand this, and we hope to have more information very soon.

We are all ready to get back to normal. This is a critical time that will determine how quickly this happens for Douglas County. Douglas County Extension will transform all May and June group activities and workshops to a virtual format to ensure program continuity and success. We appreciate your patience as we navigate these changes.

As we receive more information and guidelines from CSU, we will pass the information on to you. Please, continue to look for updated emails from Kirsten Cowan over the weekend.

For more Douglas County re-opening information be sure to tune into the weekly town hall virtual meetings.

Healthy Economy & Healthy Communities:
Safer at Home and Staying Healthy
COVID-19 Telephone Town Hall
Thursday, April 30, 2020 - 6:30 p.m.
Call in number 1-833-380-0668



Telephone Town Halls - Douglas...
The County Commissioners and
representatives from Tri-County Health...

www.douglas.co.us

[Join Townhall Meeting Here](#)



May 15

Super Contest Week deadline

May 15- June 15

State Digital Photo Contest

May 18-May 21

Super Contest Week

May 25

Memorial Day (office closed)

May 27

Youth Council Applications Due

May 31

MQA Deadline

June 1

Youth Council



Elections for New Youth Council Officers

Want to join the Youth Council
Officer Team?

Check out the requirements to
become a Douglas County
Youth Council Officer.
Applications due to the office by
May 27.

[Youth Council Officer
Requirements](#)

[Password for Douglas County 4-H Youth Videos](#)



Last Chance

"Super Saturday" is back and
better than ever! Now we will
have a week of digital fun!

Youth can participate in **Creative
Cooks Speech &/or Demo Contests**

Contest registration closes Friday May 15.

Chick Adoption



Chicks will be available for adoption from the Douglas County Extension office the week of **May 18th**.

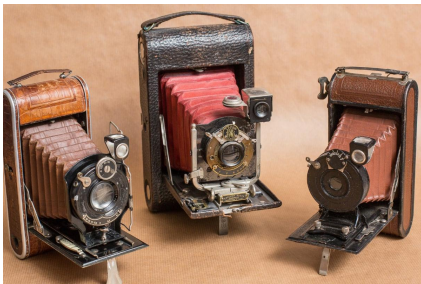
Due to public health concerns, adoptions will be made by appointment only. Please contact madelyn.granos@colostate.edu to set-up an appointment or if you have questions.



OPEN FAIR AWARD SPONSORSHIPS

There are still awards that have not yet been sponsored for the 2020 Fair.

If you would like to sponsor an award, please contact Michelle Bartlett for more information.
mbartlett@douglas.co.us or 720-733-6941



Colorado State 4-H digital Photo Contest

Opens: May 15, 2020
Ends: June 15, 2020

Direct link to submit to the FairEntry system: [Enter Here](#). 4-H members can submit online using their current family email and password.

Required: [photo release](#)
[digital photo instructions](#)

Page 26 in the [State Contest Requirements](#) has all the details for the contest



Cards

During these challenging times

4-H'er of the Week



May 4 - 8



we want to use our 4- H power to spread positivism!

We will be sending virtual thank you cards and cards of encouragement to hospital workers, first responders, nursing home patients, grocery store employees or any other workers on behalf of Douglas County 4-H!

4-H'er of the Week

Rori from Clover Clan

Favorite part of 4-H:

"becoming closer to the animals and understanding their behaviors/quirks, as well as understanding training techniques and researching ailments."

How to enter 4-H'er of the Week

Upload Photo Here

Upload card or picture of card Here



Educational Resources Page

Check out our page of fun Educational Resources. From STEM to Livestock to Sewing to Natural Resources, this page is full of everything you need to stay occupied and having fun at home. Send us pictures of what you have tried.

Educational Resources

Boredom Busters



How do engineers determine how much weight a bridge can hold? Do they drive trucks over it with increasing weight until the bridge collapses? Do you think you could build a model of a bridge and convert that to an actual size bridge?

Visit our website

Livestock Skillathon Challenge

Registration: May 29

Boulder County 4-H Virtual Horse Show

Virtual Challenge: June 1-5



[Skillathon Flyer](#)



[Boulder Horse Show Flyer](#)



If you've bought a fabric face mask or received one for "free", here's what you should know.

That fabric has a story.

It may have been chosen for a quilt that was never made, or perhaps it's remnants of a homemade Easter dress. It could have been passed from owner to owner or even bought with express intent to make a cool mask. Either way, the sewist assessed its "mask worthiness" and thought it'd be perfect.

The sewist who made it is tired.

She's been sewing for days; she tires of the monotony. She's pricked her fingers with pins and sliced her knuckles with rotary cutters. Yet she continues to make masks...for you

It was worth every penny.

Whether you bought it for \$5 or \$15, you paid fair market value for someone's materials, time and talent. If you received it for free, it has already been paid for with the maker's charity and hope.

The sewist made it to help you, but it's helping her too.

She's decided the best way to work through this situation is to help those who protect all of us.

The maker is being flooded with requests.

People who haven't spoken to her in years are calling to chat and "ask for a mask". She's being offered money to make more than she can handle; sometimes it's enough, sometimes it's not. If she's got too many to make, she won't turn you down because she really wants to help you.

It will make her smile when she sees you wearing it.

She'll remember the fabric, the batch, she may even tell you it was one of her favorites. She'll smile knowing that she did this small little thing that's helping you in such a big way. She'll smile knowing that in the most difficult of times, she has a skill that so many will value.

It should give you hope for a better world.

In a situation where members of our community are struggling, others have risen up, offered their time and talents to provide what they can. It means there's hope for humanity supporting one another and that people truly do care for one another.

Registration for the 2019-2020 year has closed for 4-H. However, Cloverbuds, 5-7 year olds, may still register.

[General Project E-Records](#)

[Animal E-Records](#)

[CSU 4-H Exhibit Requirement](#)

[Show Ring Code of Ethics](#)

[DC 4-H Youth Videos](#)

[Animal Care and Housing Form](#)

4-H OFFICE STAFF

Kirsten Cowan - 4-H Livestock Agent

Madelyn Granos - 4-H Program Associate

Sylvia Worcester- Office Administrative Assistant

Kyle Christensen - CSU Extension Director



Extension programs are available to all without
discrimination.