

Discover 4-H



DOUGLAS COUNTY

COLORADO STATE UNIVERSITY
EXTENSION

2020



Colorado State University

The Plan Tonight

- How to survive and thrive as beginners in 4-H!
- Understanding the roles of the 4-H club, youth and parents
- Communication and Support - who to ask and how
- 4-H projects
- Opportunities in 4-H
- Get to know us... and someone else!!



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Who are we?

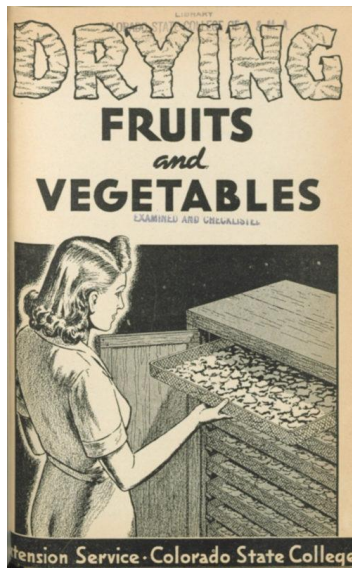
- Madelyn Granos
 - 4-H Program Associate
(School/Community Programs, Outreach)
- Kirsten Cowan
 - 4-H Agent (Livestock)
- Nicole Speeding
 - 4-H Agent (General Projects)
- Sylvia Worcester
 - Head 4-H Admin Assistant
- Kyle Christensen
 - County Director



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4-H and CSU

- CSU is Colorado's Land Grant University
 - Education, Research and Extension
 - Extension provides educational programs to communities
 - 4-H is the youth development piece of Extension and CSU
 - Program funding is provided in partnership with Colorado and local county governments



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What is 4-H?

- Youth development organization
 - Positive youth development
 - Life skills
 - Leadership
 - Citizenship

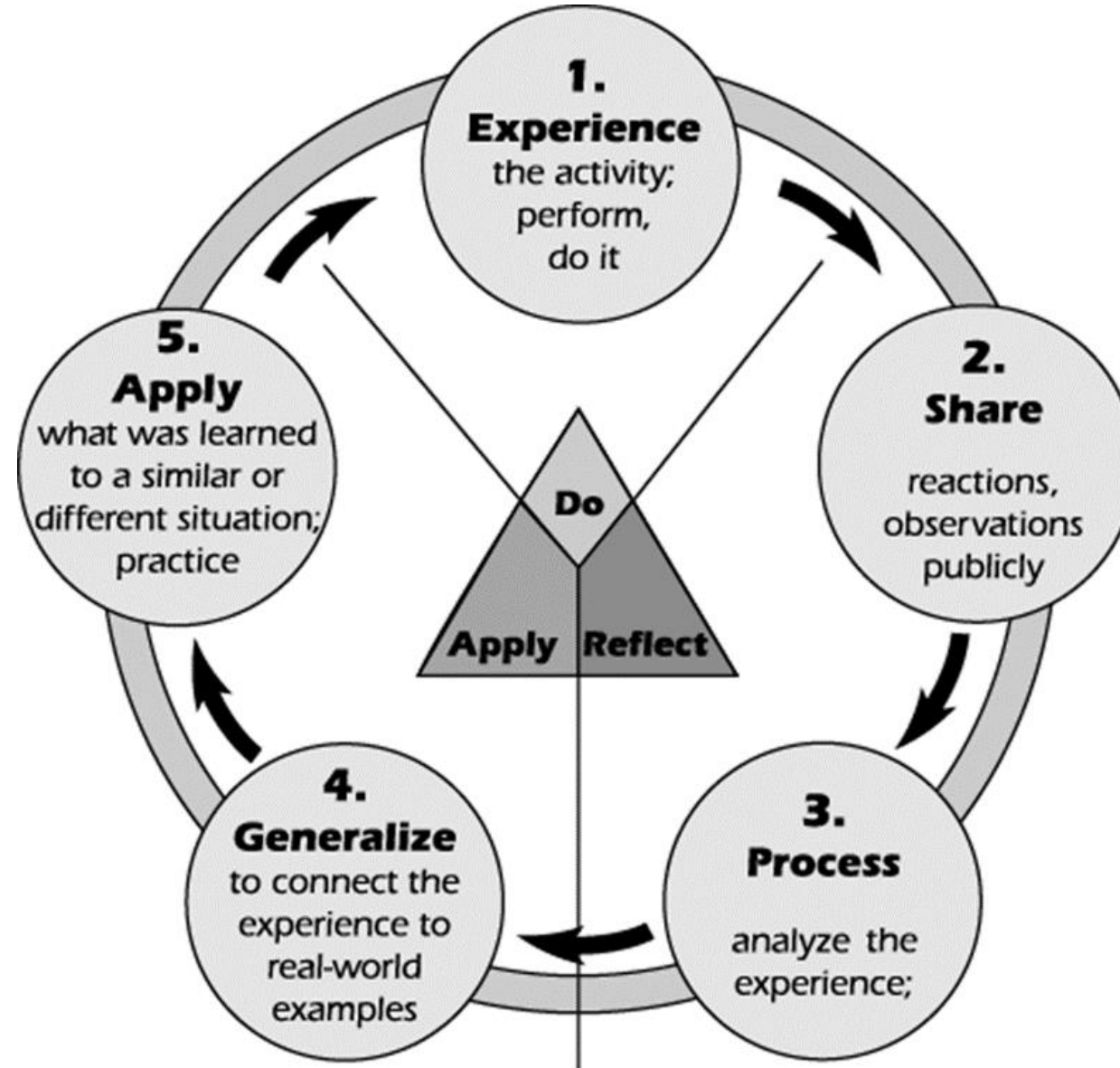


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What is 4-H? Life Skills



What is 4-H? Experiential Learning



Thriving in 4-H

- Plan ahead – don't wait until a deadline
- ASK QUESTIONS!
- Find a buddy family or mentor in your club
- Don't try to do it all!
- Celebrate small achievements
- 4-H is 365 days a year, not just that one day at fair or a contest



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Roles within 4-H

■ Clubs

- Provide a place for project work, leadership opportunities, recreation or social activities, community service and special interest programs
- Community-based
- Organization leaders, project leaders, volunteers
- Youth officers and committees
- Monthly business meetings
- Requirements – attendance, community service, fundraising, demonstrations, etc.



Roles in 4-H

■ Youth

- Learn by doing
- Participate fully
- Seek learning opportunities
- Be a positive role model
- Have fun and be responsible



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Roles within 4-H

■ Parents

- Dedicate your time, if you can!
- Support your child as well as others'
- Attend meetings
- Be informed and open to learn
- Take on leadership and volunteer roles within 4-H
 - You don't have to know everything to be a volunteer!!

Practice civility: Remember, we are here for the KIDS!



Support

■ Who do I ask?

- Club Leaders
- Other members/families/project resource leaders, fair superintendents
- Extension Office
- Webpage – Douglas County Extension
- Facebook
 - Public page – CSU Extension, Douglas County
 - Private Group – Douglas County, Colorado 4-H



Communications

- EMAIL
 - Thursday Blast – regular weekly newsletter
 - Project or event specific emails
- Phone calls
- Text messaging
 - Extension Office is Looking into this for those who prefer



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Projects - 4-H 102 is all things Projects!

Join us in February for the 102 session!

- Project-based learning - “Learn by D
- There is something for everyone!
- Selecting a project – **Don’t do it ALL!**
 - Likes/dislikes
 - Time commitment
 - Cost of project
 - Support
 - Requirements
- You get what you put in!



Projects

- Project completion
 - Record book and exhibition
- Project Manuals
 - Educational resource and project information
 - Ordered through the Extension Office
- Project Records
 - Documentation of program – what has been learned, goals, achievements, finances, etc.
 - Available online through Colorado 4-H



Cloverbuds

- 5 – 7 year old youth
- Noncompetitive
- Focus on activities rather than projects
- Events
 - Cloverbud Fun Night
 - Cloverbud Day Camp
 - Primary Fair
 - Cloverbud Graduation



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Contests & Events

Join us this spring for Super Saturday!

**Creative Cooks, Cake Decorating,
& Speech/Demo Contests!**

Fun, activities for kids, great opportunity to see what 4-H is all about!

- **Creative Cooks** – showcase youth's knowledge of nutrition, food prep, and creativity
- **Cake Decorating** – showcase youth's knowledge and skill in cake decorating
- **Speech and Demonstration** showcase youth's ability to public speak and present a demonstration.
- **Rocket Fly Day** – Highlights skills learned in model rocketry projects (must be enrolled in project to participate)



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Contests & Events

- **Fashion Revue** - Model a garment made in Clothing Construction, Artistic Clothing, Heritage Arts, or Leathercraft or purchased in the buymanship project
- **County Shoot** - Compete in Archery, Air Rifle, Air Pistol, .22 Riffle, .22 Pistol, Skeet, Sporting Clays, Trap, Muzzle loading, and Western Heritage
 - Must be enrolled in discipline to participate – additional requirements
 - Must have Hunter's Safety Card
 - Shooting Sports Member and Family Meeting – April



Showcase Events



- **Fair** – community event showcasing 4-H projects
- **State Fair** – statewide event showcasing the best projects from around all of Colorado
- **Achievement Night** – 4-H community event honoring and recognizing the accomplishments of youth and volunteers



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State Events and Opportunities

- Meet other youth and volunteers from Colorado!
 - Leadership Development Conference
 - YouthFest
 - Citizens Washington Focus
 - State Conference
 - Colorado Leadership Camp
 - National 4-H Conference
 - District Senators
 - State Officer



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Activities

- Ambassadors
- Exchange
- Judging Teams
- Educational Activities
(clinics, workshops etc.)
- Club events and activities
- Community service
- Community Programs



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Opportunities

- Youth Council
- Leaders Council
- Lowell's CALF Ranch
- Douglas County 4-H Foundation
- Scholarships



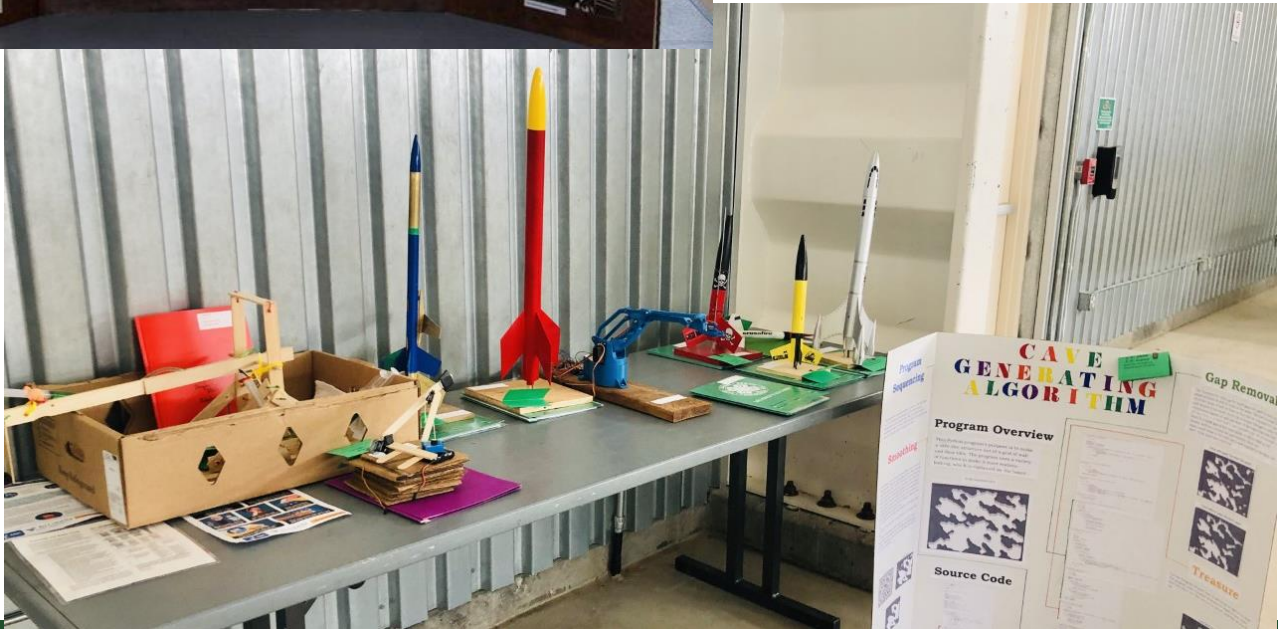
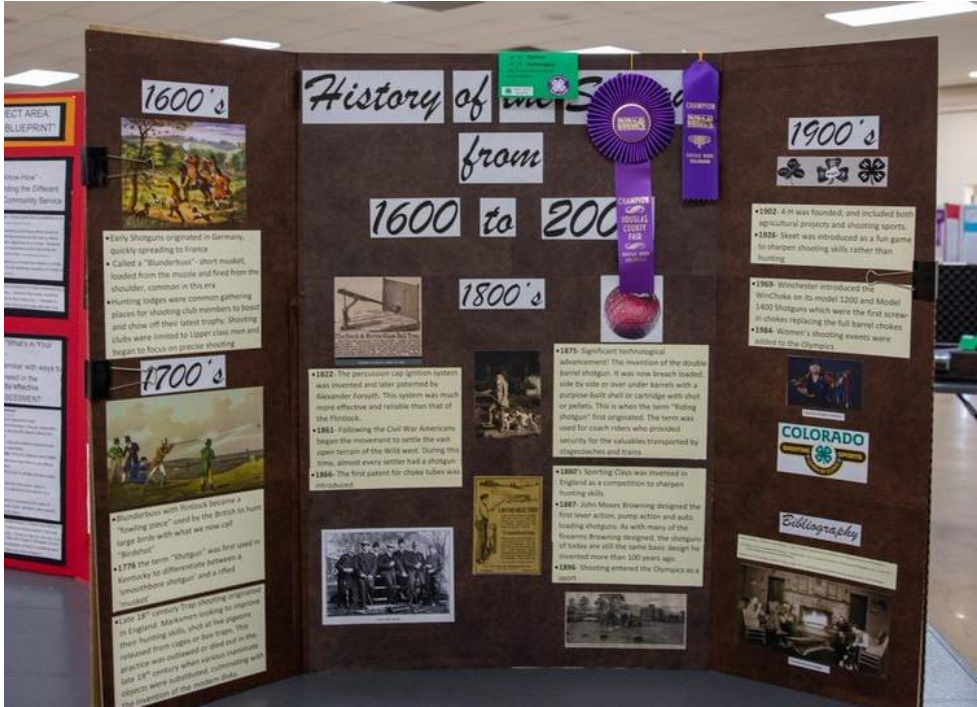
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Thank you
Any questions?



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Sample Projects



Ready to Register?



- **Here are a few easy steps to get you started:**
- Contact the Douglas County Extension office at (720) 733-6940 to discuss options.
- Contact 4-H club leader – [2020-2021 DC 4-H Club List](#) **Updated 11/29/2020**
- Select projects that you are interested in doing – [2020-2021 DC 4-H Project List](#) **Updated 11/9/2020**
- Go to <https://v2.4honline.com> to create a profile and register.
- Pay your enrollment fees via check (made payable to Colorado State University) or cash, by calling our office, or with credit card [online](#).
 - Details on payment is at the bottom of this page!
- Registration opened **November 1, 2020** and will close **March 1, 2021**. See below for more information.
 - You must register for 4-H Online before partaking in Douglas County 4-H Activities.

How To Sign Up

- Douglas County Extension Website

<https://douglas.extension.colostate.edu/>



A screenshot of the Douglas County Extension website. The page has a dark green header with the word 'EXTENSION' in white. Below the header is a green banner with a Facebook icon, the text 'Visit our Colorado State Extension office for more news, tools and resources.', and a link to the 'Online Directory'. The main content area features the Douglas County Colorado State University Extension logo on the left, a welcome message on the right, and a navigation bar with links to '4-H', 'Horticulture', 'Small Acreage', 'Contact Us', and 'Calendar'. The '4-H' link is circled in yellow and pointed to by a green arrow. Below the navigation bar is a large banner with the text 'WHAT IS CSU EXTENSION?' and 'Dedicated to serving the current and future needs of Coloradans'. To the right of the banner is a sidebar with several links: 'What is Extension?', 'Pay your CMG Dues/Training Fees Now!', '4-H 101 ~ Discover 4-H', 'Preserve Smart', and 'Need Help?'. The footer of the website contains the text 'Douglas County Extension - Providing trusted, practical education to help you solve problems, develop skills and build a better future.' and a Windows taskbar at the bottom.

How To Sign Up

■ Douglas County 4-H Website

<https://douglas.extension.colostate.edu/>



The screenshot shows the Douglas County 4-H website. At the top, a green banner reads "Visit our Colorado State Extension office for more news, tools and resources." and "Online Directory". Below this is the Douglas County Colorado State University Extension logo. A navigation bar includes links for Home, 4-H (highlighted), Horticulture, Small Acreage, Contact Us, and Calendar. A sub-navigation bar shows "4-H >>". The main content area features a photo of a goat being petted. To the right, a section titled "Additional 4-H Resources" lists various links. At the bottom, a large green arrow points to the "Join 4-H" button, which is circled in yellow. Below the button, there is a paragraph about the 4-H program and links to project and club lists.

Visit our Colorado State Extension office for more news, tools and resources. Online Directory

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Welcome to the CSU Extension Office in Douglas County. Our goal is to assist you with any questions you may have whether it is about gardening, wildlife, 4-H or any other needs.

Home 4-H Horticulture Small Acreage Contact Us Calendar

4-H >>



Additional 4-H Resources

- Poultry Bulk Order Form
- Upcoming Events!
- Colorado 4-H Foundation Scholarship Info
- Douglas County 4-H Youth & Leader Council
- Thursday Blasts
- Douglas County Buckle Series
- The Douglas County 4-H Foundation
- Colorado Agricultural Leadership Foundation (CALF)

Join 4-H Volunteer 4-H 101/102 Resources

4-H is a worldwide youth development program for children between the ages of 5 and 18. Youth who participate in 4-H develop tools to succeed in life—confidence, compassion and the connections to caring adults helping guide community contributions. 4-H is dedicated to positive youth development and helping youth step up to the challenges in a complex and changing world. 4-H is dedicated to helping cultivate the next generation of leaders and tackling the nation's top challenges such as the shortage of skilled professionals, maintaining our global competitiveness, encouraging civic involvement and becoming a healthier society.

2019-2020 Douglas County Project List
2019-202- Douglas County Club List

Find us at the Douglas County Fairgrounds! Fairgrounds Map

How To Sign Up

- Lots of good general information & Link to 4Honline (where all registration will occur)



About 4-H

Join 4-H

Volunteer

4-H 101/102

Resources

Here are a few easy steps to get you started:

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2. Contact 4-H club leader – **2020-2021 DC 4-H Club List** *Updated 11/29/2020*
3. Select projects that you are interested in doing – **2020-2021 DC 4-H Project List** *Updated 11/9/2020*
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5. Pay your enrollment fees via check (made payable to Colorado State University) or cash, by calling our office, or with credit card **online**.
 - Details on payment is at the bottom of this page!
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Additional 4-H Resources

- Douglas County 4-H COVID-19 Policies
- DC 2020 4-H Calendar!
- Educational Resources
- Douglas County 4-H Youth & Leader Council
- Douglas County Buckle Series
- 4-H Weekly Newsletter
- The Douglas County 4-H Foundation
- Colorado Agricultural Leadership Foundation (CALF)
- Douglas County Fair & Rodeo

How To Sign Up

- **4H Online Enrollment**

<https://v2.4honline.com/>



Email

Password

Sign in

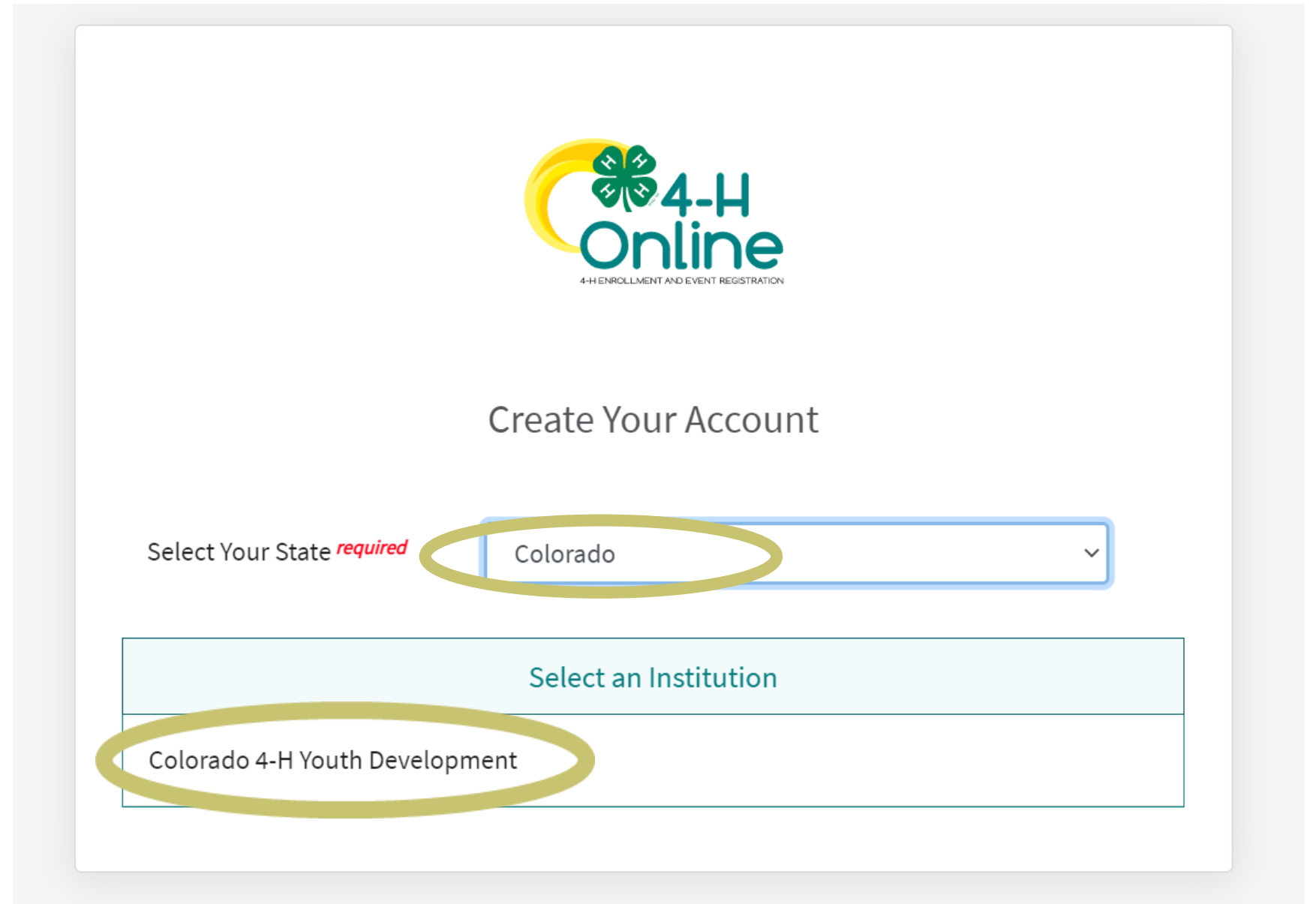
Don't have an account?

Reset password?

How To Sign Up

- **4H Online Enrollment**

<https://v2.4honline.com/>



The screenshot displays the '4-H Online' logo at the top, with the text '4-H ENROLLMENT AND EVENT REGISTRATION' below it. The main heading is 'Create Your Account'. Below this, there is a dropdown menu for 'Select Your State' with 'Colorado' selected. Below the dropdown is a light blue box labeled 'Select an Institution' containing the option 'Colorado 4-H Youth Development'. Both the dropdown and the institution selection box are circled in yellow.

4-H Online
4-H ENROLLMENT AND EVENT REGISTRATION

Create Your Account

Select Your State *required* Colorado

Select an Institution

Colorado 4-H Youth Development

How To Sign Up

- 4H Online Enrollment

<https://v2.4honline.com/>



Create Your Account

Colorado 4-H Youth Development

County *required*

Douglas

Email *required*

Confirm Email *required*

Family Name *required*

Mobile Phone Number *required*

Format ###-###-####

Invalid phone format

Password *required*

Password is Required

Confirm Password *required*

Create Account

Thank you



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