



COLORADO STATE UNIVERSITY
EXTENSION

Activity #4

Understanding Medication Labels

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GPP(s): 3

Group Size: 5-50

Length of Activity: 15- 30 min

Background:

In order to maintain proper medication records and make sure medication is being administered and stored properly, it is necessary for all 4-H members to read and understand what is on the medication label.

Objectives:

- Provide an opportunity for youth 4-H members to practice reading medication bottles.
- Determine how to use and store medication properly.
- Learn about the information listed on medication bottles and how it applies to youth with food animal projects.

Materials and Supplies:

- Sample medication bottles (available from your local veterinarian or animal supply business)
- Question and answer sheets
- Writing utensils
- Example label handout (to be used as a reference guide)

Activity Description:

Preparation:

- Make Copies of the handout (one per person)
- Obtain the sample medication bottles
- Prepare questions for each medication bottle

Activity:

- Place bottles around the room as stations. Distribute handout and writing utensils to each member.
- Review the information given on the handout. Explain that each member will be answering various situation/questions on the answer sheet. They may use their handout as a resource to locate information on the medicine bottle.
- After a few minutes at each station, rotate the members to the next one so they have a chance to reach each station and answer all of the questions on their answer sheet.

Discussion:

- Why is it important to read medication labels carefully?
- Who can help you learn more about medication and how to properly use and store medications?