

4-H ENROLLMENT

Open Now through **March 1st**

REGISTER IN 4HONLINE TODAY

ANNUAL DUES ARE PAYABLE TO COLORADO STATE UNIVERSITY
BY CHECK, CASH OR CARD

If images don't display properly on your cell phone, use this [link](#) to help troubleshoot.

What's New This Week

- **Ambassador Training Jan. 29**
- **Hunter Safety Conclusion Course for 4-H Members - Registration is OPEN!**
- **Morgan County SS Leader Training - Registration OPEN tomorrow!**
- **4-H 101 Sessions Announced**
- **Cake Decorating Workshops**
- **Beef Tag-in Save the Date - March 1st**

IMPORTANT DATES

Douglas County 4-H Calendar

January 25 - 26
Leadership Development
Conference (LDC)

January 27
4-H Day at the Capitol

January 27
Horse Steering Committee meeting
- CSU Extension Office at 6:30pm

January 28
Dog Project Practices - Weekly
Tuesday Nights - Multipurpose
Barns @ Fairgrounds at 5:30pm

January 29
4-H Ambassador Training - CSU
Extension Office at 4:30 pm

February 1
Club Officer Training - CSU
Extension Office at 9:00 am

February 3
Youth and Leaders Council
Meetings - CSU Extension Office at
6:30 pm

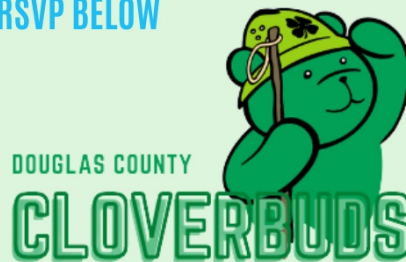
Need to add another email to
receive the blast? Submit an
email here!

Join the **CLOVERBUD Activity Club**
Practice 4-H meeting procedures
and participate in learning about
Cooking
February 20th @ 5:30-6:30pm

Douglas County
Extension Office
410 Fairgrounds Road
Castle Rock, CO



RSVP BELOW



**Cloverbud Activity Club
RSVP - Required to
participate**

February 11
Horse Project Meeting - CSU
Extension Office at 6:00 pm

February 12
Cake Decorating Workshop (Unit 2
& up) - CSU Extension Office at
5:30 pm

February 13
4-H Leader Training - CSU
Extension Office at 5 pm

February 17
CSU Extension Office closed for
Presidents Day

Register Here for It's a Wild
Life Camp Cloverbud - Feb.
1 at Weld County

DOUGLAS COUNTY
4-H AMBASSADOR



TRAINING



Wednesday, January 29th 4:30 pm
Extension Office Basement

November Youth Council Secretary
Report

November Leaders Council Secretary
Report

2024-2025 4-H ENROLLMENT



DEADLINE IS MARCH 1ST

CALL 720-733-6340
WITH QUESTIONS

- **Returning 4-H members who enroll and pay dues AFTER DECEMBER 31ST will pay \$85 each**
 - **\$60 Enrollment Fee + \$25 Late Fee after December 31st = \$85**
- **New 4-H members are able to enroll until March 1st, 2025, without a late fee, \$60 each**
- **All 4-H members must enroll by March 1st, 2025, NO EXCEPTIONS**
- **All Cloverbuds (ages 5-7) will be \$40 each, year-round.**

**ALL MEMBERS MUST BE ENROLLED
AND PAID BY MARCH 1ST, 2025.
ABSOLUTELY NO EXCEPTIONS**

Pay annual enrollment fees online, [click here](#), or by cash, check, or card to the CSU Extension office in Douglas County. Financial assistance is available upon request.

Complete enrollment means annual dues are paid and youth are approved within 4HOnline.

Enroll in 4HOnline now! [Click here!](#)

[Click here to pay annual dues online!](#)

Local Opportunities

RSVP for 4-H 101



WHAT IS 4-H?

HOW DO I SIGN UP?

WHO IS 4-H FOR?

4-H 101

Join us to learn about the 4-H program! This FREE introductory session is designed for families interested in 4-H or new families that have just joined. Sessions will include a presentation about the program and the different opportunities available, followed by a Q & A.



February 14, 2025 • 4:30- 5:30 pm at the Lone tree Library

February 21, 2025 • 4:30- 5:30 pm at the Highlands Ranch library



Sessions are open to anyone. We encourage you to attend the location nearest to you to meet and connect with those in your immediate area!

Questions?

Call: 720-733-6940 or
Email: pratima.chnadrakumar@colostate.edu



DOUGLAS COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

RSVP for Club Officer Training

4-H CLUB OFFICER TRAINING**

HIGHLY RECOMMENDED FOR **ALL CLUB OFFICERS TO ATTEND. If you are unable to attend, please contact Mercedes.

When: Saturday, February 1 from 9 a.m.-11 a.m.

Where: DC Extension Office Basement

What: Training for all elected 4-H Club Officers

RSVP here:<https://forms.gle/QfVjtmdKnV1JGkLb6>



RSVP for 4-H Leader Training



DOUGLAS COUNTY 4-H

Leader's Training

What:
 All approved 4-H volunteers welcome and encouraged to attend. We will cover a broad range of topics- some fun, some more serious, but helpful to supporting you and role in Douglas County 4-H

When:
 February 13, 2025
 from 6:00-8:00 p.m.

Where:
 CSU Extension Basement
 Please RSVP by February 6th with this link -
<https://forms.gle/HjBqvCjuf6iZhFKu5>

For questions regarding this training, please contact Guinevere at the Douglas County Extension Office 720-733-6940



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Creative Cooks Workshop

Adams County is hosting a Creative Cooks Workshop on Saturday, January 25 at the Adams County Fairgrounds from 9am to Noon.

Interested in learning more about the Creative Cooks Contest? Join us on Saturday, January 25, 2024, from 9am to Noon in the Rendezvous Rooms at the Adams County Regional Park to learn more about the Creative Cooks Contest. This

contest is open to any 4-H member who likes to cook! During this hands-on workshop, you will have the opportunity to make garnishes, learn more about nutrition, learn napkin folding and ideas for themes - all pieces that are part of the contest. You will also see an example of a Creative Cooks table and see what it is like to visit with the judge.



Please sign up for the workshop no later than Friday, January 17, 2025, at <https://forms.gle/qDbBE7NAcoJSHjLx6>

Contact Sylvia at sylvia.worcester@colostate.edu if you have questions.



Register for Creative Cooks Contest on February 22nd! Registration open now through February 7th.

Creative Cooks is a fun contest where you can learn more about and be creative with meal planning. You select a theme, prepare food and create a table setting around your chosen theme. This contest gives youth a chance to show their knowledge of nutrition, meal planning and food preparation in a creative way!

The contest will be held on **Saturday, February 22** in the Waymire Dome Building at the Adams County Fairgrounds. The cost to enter is \$6 per member.

The 2025 Colorado Specialty Food Ingredient - Eggs

Register here: <https://forms.gle/EpK2DCqcw3Sj9Gh48>

\$6 per member, pay here:

<https://checkout.square.site/buy/FPWNJHZEP4Q6QL2Z7NQZBXL>

[Creative Cooks Contest Rules and Regulations](#)



APPLY TODAY

EXTENSION PROGRAM COORDINATOR

Be a part of the Douglas County Extension team and represent Colorado State University.
<https://jobs.colostate.edu/postings/156161>



Join the Douglas County Extension Team

<https://jobs.colostate.edu/postings/156161>

General Projects

4-H General Project Manual Order



**DOUGLAS COUNTY 4-H
Cake Decorating Workshops**

RSVP Required
Please bring the required items found in the RSVP.



Are you new to the Cake Decorating project or need additional pans or tools? We have several items donated and available to browse and pickup from the Extension Office. Stop by to check these out M-Th 8am -5pm

[Click Here to see sample photos of available items](#)

Cake Decorating Project Workshops

February 12th - Unit 2 & Up Workshop
Extension Office Basement
5:30 - 7:30 pm

[RSVP Here - Unit 2 & Up Workshop by Feb. 10th](#)

March 6th - Unit 1 Workshop
Kirk Hall
5:30 pm - 7:30 pm

[RSVP Here - Unit 1 Workshop by March 3rd](#)

Shooting Sports

Members new to Shooting Sports this year: Please refer to these [Helpful Information and Links](#). All Shooting Sports members are required to complete the **Colorado Hunter Safety Class** including a Live Fire Test. Please see more information below.

For the February 22nd 4-H class, this will be an Online + Conclusion Course (one day in person course). You can get started now to complete the Online portion that is required to be completed before attending the Feb.

22 Conclusion Class.

Online course can be found here: <https://www.hunter-ed.com/colorado/>
Register for 4-H Conclusion Course here: <https://www.register-ed.com/events/view/223706>

Douglas County 4-H Shooting Sports Webpage

Shooting Sports Member Reference Manual

4-H Hunter Safety Education Class

Saturday February 22nd

**Colorado Parks and Wildlife Service Center
6060 Broadway, Denver, CO 80216**

Registration is now open!

[Click here to register.](#)

This is a first come, first serve opportunity and will fill up.

Please read all instructions in the registration, this is a conclusion course, only. If you are unable to go to this class, please make sure that you sign up for another one.

Hunter Safety Cards are due to the office by April 15th. No exceptions.

SHOOTING SPORTS LEADER TRAINING

Click here to Register in 4Honline
Payment should be made to DC Extension

- **March 7-9, 2025: Morgan County**

- (Rifle, Pistol, Shotgun, and Archery)
- Registration open Jan. 24 - Feb. 21



- **March 14-16, 2025: Weld County**

- (Rifle, Pistol, Shotgun, Archery and Orion)
- Registration open Jan. 31 - Feb. 28

- **March 21-23, 2025: Pueblo County**

- (Rifle, Pistol, Shotgun, Archery, Muzzleloading, Western Heritage, Hunting and Outdoor Skills)
- Registration open Feb. 7 - March 7

- **March 28-30, 2025: Garfield County**

- (Rifle, Pistol, Shotgun, Archery, Muzzleloading, Western Heritage, Hunting and Outdoor Skills)
- Registration open Feb. 14 - March 14

All volunteers must be enrolled and approved in 4HOnline before they can register for the trainings.

Animal Projects

[Animal Project Manual Order](#)

Companion Animal



[Find an ARBA Show Here](#)

Attention Rabbit Showmen!
Click the link above to find local ARBA Shows throughout the year!

Horse

Douglas County Fairgrounds
Indoor Arena
Plum Creek Parkway
Castle Rock

2025



**Douglas County
Buckle Series**

ENGLISH 🐾 WESTERN 🐾 RANCH RIDING 🐾 GYMKHANA

Sunday, February 23rd
Sunday, March 23rd
Saturday, April 26th

Sunday, May 18th
Saturday, June 14th

RSVP for Horse Project New Member Meeting

Douglas County 4-H Horse Project New Member Meeting



What: Please join us as we dive into what the Douglas County 4-H Horse Project includes. This meeting is intended for new members to the 4-H Program but is open to ALL members.

When: February 11, 2025
6-7 p.m. Will go over the horse project
7-8 p.m. Will be a Levels Program Update

****All horse members are highly encouraged to attend!**

Where: Extension Office Basement

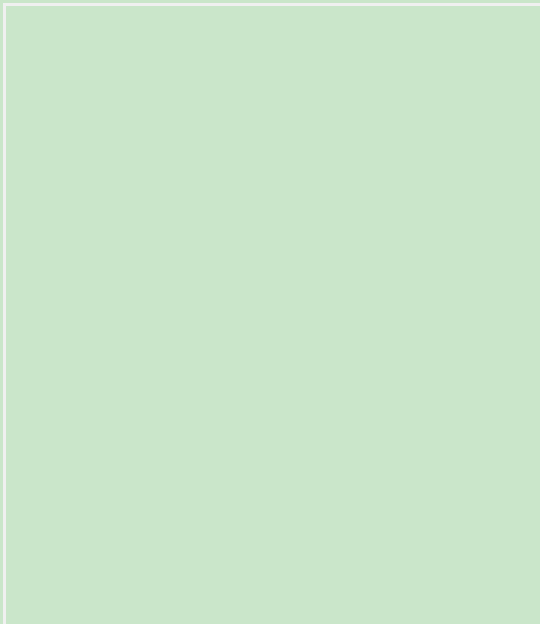
RSVP by Noon on February 7, 2025:
<https://forms.gle/HdiyngwDsQzUYYJd8>



DOUGLAS COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

Jeffco 4-H Winter Classic Series

All shows are open to anyone 8 or older, 4-H and non 4-H welcome. Registration for all the shows is on our website: <https://sites.google.com/view/jeffco-4h-winter-series/home> [sites.google.com] There will be a 2 part gymkhana series in February and a 2 part pleasure series in March-April. All shows are at the Westernaires indoor arena at the Jeffco Fairgrounds with an indoor warmup area.





JEFFCO 4-H
Winter Classic
GYMKHANA BUCKLE SERIES

FEBRUARY

2ND & 23RD
Westernaires Indoor Arena
15200 W 6TH AVE (INDIANA ST.) GOLDEN, CO

Indoor Warm-Up Arena
Close Parking
Day-Of Prizes

Five Events each day
\$9/\$11 per event or \$40/\$50 Full Day
4-h member/non 4-h member

Preregister to avoid \$15 Day-of Fee
https://bit.ly/Jeffco_4-H_Winter_Classic

bibbercreekspurs4h@gmail.com
altsynzb@gmail.com











JEFFERSON COUNTY
COLLEGE STATE UNIVERSITY
EXTENSION

Jeffco 4-H
WINTER CLASSIC
Pleasure Show Buckle Series
English / Western

March 2nd ★ April 6th
Westernaires Indoor Arena
15200 W. 6th Ave (Indiana St.), Golden, CO

\$9/\$11 per Class or \$65/\$80 Full Day
4-H Member/Non 4-H Member

Rail & Pattern, Hack, Showmanship,
Ranch, Western Riding, Trail, W/T

Preregister to avoid \$15 Day-of Fee
[HTTPS://BIT.LY/JEFFCO_4-H_WINTER_CLASSIC](https://bit.ly/JEFFCO_4-H_WINTER_CLASSIC)

bibbercreekspurs4h@gmail.com
altsynzb@gmail.com







Dog

Click here to RSVP for Dog Practices



DOG PROJECT PRACTICES

What: 4-H Dog Project Meetings hosted by Cowboys 4-H Club

When: Tuesday Nights starting January 14 at 5:30 p.m.

Where: Multipurpose Barns @ DC Fairgrounds

RSVP: <https://forms.gle/cGccxxT4Jjsa6w399> if you do not RSVP you might not be able to participate. If RSVPs are low-practices are subject to cancellation.

Other information:

- **MUST BE ENROLLED** in Dog Project
- Dogs **MUST** be ID'd in 4HOnline
- **Up-to-date** on vaccinations
- **No Aggressive** dogs

Please contact mercedes.glenn@colostate.edu with any questions.

Click here to RSVP for NEW Member Dog Project

Douglas County 4-H Dog Project New Member Meeting

What: New Member Meeting
open to all 4-Hers interested or
enrolled in the Dog Project

When: February 19th, 2025
@6:00 p.m.

Where: Extension Office
Basement

RSPV:

<https://forms.gle/yihWy7DG9d5RCpuZ9>



Livestock Opportunities





FIRING UP ON LIVESTOCK EDUCATION



DOUGLAS COUNTY
EDUCATION AND EXTENSION
SERVICES

Times will be 6-7 p.m. *All dates are TENTATIVE*

- ~~October 29: Animal Selection~~
 - ~~DC Extension Office Basement~~
- ~~November 20: Nutrition~~
 - ~~Station 181, Franktown, CO~~
- ~~December 18: Animal Care and Housing~~
 - ~~Pradera Fire Station, Parker, CO~~
- ~~January 7: Health and Disease~~
 - ~~South Metro Station 42, Parker, CO~~
- ~~February 18: Feeding Livestock~~
 - ~~South Metro Station 46, Parker, CO~~
- ~~March 13: Advocacy for Ag and Livestock~~
 - ~~Location TBD~~
- ~~April 3: Record Keeping~~
 - ~~Extension Office Basement Castle Rock, CO~~
- ~~May 14: Show Ring~~
 - ~~Castle Rock, CO~~
- ~~June 4: Master Showmanship Clinic and Competition~~
 - ~~Douglas County Fairgrounds~~

PRIZES ARE AVAILABLE!!

RSVP here!: <https://forms.gle/ByGY5mpfYBghRW2U9>

Firing Up on Livestock Education RSVP

Mercedes and the DC Livestock Advisory Committee are excited to present the Firing Up On Livestock Education Series. Each month will focus on a different topic and be held in different parts of the county in an effort to bring educational programming closer to you! Prizes will be available for each session (show equipment, 4-H branded swag, etc.) The next topic will cover Animal Health and Disease and will be held at the South Metro Station #42 in Parker. Please RSVP if you plan to attend. Email Mercedes.glenn@colostate.edu with any questions. We're excited to see you there!

Beef Tag-in Save the Date

Market Beef tag-in for DC Fair will be held on **March 1, 2025**. This will be the **ONLY** date available for exhibitors to tag their market beef projects for the Douglas County Fair & Rodeo.



OPPORTUNITIES FOR THOSE IN THE GOAT PROJECT

Weld County Goat Extravaganza: April 25-27 Greeley, CO
https://colodga.org/index_files/Page497.htm

You WDGA Fuzzy Goat Show May 23-25 Cheyenne, WY
<http://wydga.org/>

Colorado Summer Showdown: June 13-14 Brighton, CO
https://drive.google.com/file/d/1qprts9_5ZYXl98ajfVFe5BIDo5iv50a8/view?usp=drive_link

WDGA & Wyoming State Fair: Douglas, WY

CDGA Harvest Show: September 13-14 Longmont, CO

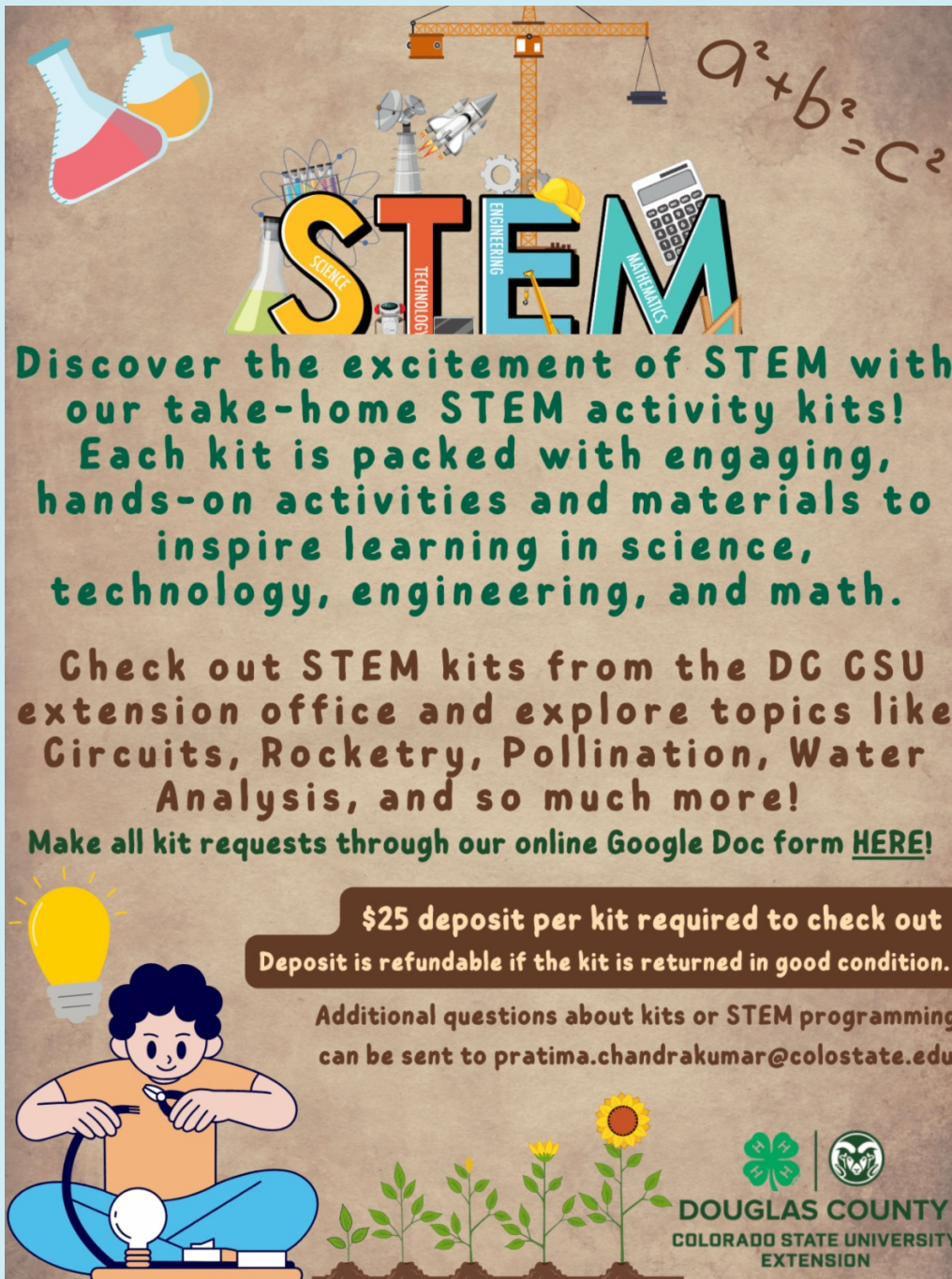
Black Hills Goat Show: Sundance, WY

You can also find Jackpots, Shows, and Clinics here:
facebook.com/groups.543028621179651/?ref=share&mibextid=nsmbwt



Educational Resources

Request a STEM Kit, Click Here

A central graphic on a brown paper background. At the top, there are icons for science (flasks), technology (satellite, rocket), engineering (crane, gear, hard hat), and math (Pythagorean theorem). The word 'STEM' is written in large, colorful letters, with 'S' in yellow, 'T' in orange, 'E' in blue, and 'M' in teal. Each letter has a small icon related to its field. Below the graphic, there is text describing the kits and contact information.



Discover the excitement of STEM with our take-home STEM activity kits! Each kit is packed with engaging, hands-on activities and materials to inspire learning in science, technology, engineering, and math.

Check out STEM kits from the DC CSU extension office and explore topics like Circuits, Rocketry, Pollination, Water Analysis, and so much more!

Make all kit requests through our online Google Doc form [HERE!](#)

\$25 deposit per kit required to check out
Deposit is refundable if the kit is returned in good condition.

Additional questions about kits or STEM programming can be sent to pratima.chandrakumar@colostate.edu



DOUGLAS COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

Request an Embryology Kit, Click Here



4-H Embryology Program



Students have the opportunity to learn about chickens, eggs, and embryonic development through observation of the egg hatching process. It's a great way for students to observe the growth of life in just three weeks. Lessons are designed to build student science, math, and language arts skills.

We have several different opportunities for your students to engage from equipment rental to in-class visits.

Make all requests through our online google form [HERE!](#)

To learn more, please contact Pratima Chandra Kumar at pratima.chandrakumar@colostate.edu or 720-733-4807.



DOUGLAS COUNTY
COLORADO STATE UNIVERSITY
EXTENSION



Mental Health First Aid for Rural Communities

Sign up for Mental Health First Aid training to learn how to identify, understand, and respond to signs of mental health and substance use issues. This course is especially important for rural communities, where access to care can be limited, and will equip you with the skills to offer crucial support during a crisis. Join us in strengthening our community's mental health resilience!

**May 21st & May 22nd
Signup**

**June 14th
Signup**

Explore 4-H learning online with CLOVER - Start HERE!

Other Opportunities & Scholarships



COLORADO
4-H
scholarships

Visit <https://co4h.colostate.edu/about-us/scholarships/> to learn more about the scholarships available. There are opportunities available for a variety of students, including for those attending CSU or other universities, trade school, junior colleges, transfer students, and continuing students.

OPEN NOW!

**ATTENTION 4-H SENIOR YEAR MEMBERS!
APPLY TODAY!**

Beyond Ready

RELL
THE COLLEGE 4-H

The graphic features a photograph of two young people, a woman and a man, wearing green 4-H shirts and lanyards. The woman is wearing a green shirt with 'RELL' and 'THE COLLEGE 4-H' visible. The man is wearing a grey baseball cap and a black shirt with 'BEYOND READY' visible. The background is a mix of white, yellow, and pink geometric shapes.

Attention 4-H Senior Year Members:

Colorado 4-H awards scholarships annually to outstanding youth who have actively engaged in Colorado 4-H clubs for at least three years.

The scholarship process is open from December 1, 2024, through March 1, 2025.

Scholarship recipients will be announced in May 2025. There are opportunities available for all kinds of students, including those attending CSU or other universities, trade schools or junior colleges, transfer students, and continuing students. We encourage our 4-H participants to apply.

For more information on the scholarship process and scholarships available, visit <https://co4h.colostate.edu/about-us/scholarships/>



brand new 4-H scholarship opportunity to current or future CSU students.

The deadline to Apply is February 25, 2025. [Click here to Apply](#)

All scholarship recipients will be invited to the 2025 Canvas Scholarship Banquet which will take place in Thorton on Saturday, May 10, 2025.

4-H Scholarships

Canvas Foundation is proud to partner with Colorado State University Extension to offer **\$1,000** scholarships to 4-H students that are currently attending CSU or planning to attend CSU in the coming year.



COLORADO STATE UNIVERSITY
EXTENSION

Follow us on Socials

- Connect with us on Facebook in our public and private groups.
 - [@Douglascountyextension](#)
 - [@Douglas County, Colorado, 4-H](#)
- Connect with us on Instagram.
 - [@csudouglascoextension](#)
- Stay up to date with our website! Be sure to check the [calendar](#) for upcoming dates.
 - <https://douglas.extension.colostate.edu/4-h/>

CONTACTS

Guinevere Nelson, Director - guinevere.nelson@colostate.edu
Jacie Rex, 4-H Youth Development Agent - jacie.rex@colostate.edu
Mercedes Glenn, 4-H Animal & Equine Science Agent - mercedes.glenn@colostate.edu
Pratima Chandra Kumar, Extension Program Coordinator - pratima.chandrakumar@colostate.edu
Sylvia Worcester, Admin Assistant - sylvia.worcester@colostate.edu
Julie Tanaka, Admin Assistant - julie.tanaka@colostate.edu
Any other inquiries can be sent to: info.douglascoextension@gmail.com
Office Hours: Monday - Thursday 8 am - 5 pm, Closed Fridays

All Blast Submissions Must Be Sent into the Office by 12:00 PM the Wednesday Before You Would Like Your Information Added
Effective March 1st, 2023

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enjoy equal access to all employment and programming opportunities. Requests for accommodations related to disability should be made to (local contact/event organizer) at (phone and email) by (date – 14 business days in advance of actual event).

For more information, contact Eric Ishiwata.

<https://col.st/0WMJA>

Douglas County 4-H | 410 Fairgrounds Road | Castle Rock, CO 80104 US

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